



# Whangarei Girls' High School Sports Newsletter

MAY 2019

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### SAILING

WGHS competed in the North of the Bridge team sailing regatta at Parua Bay along with WBHS, Kerikeri, Westlake, Wentworth, Mahurangi and Rangitoto Schools. Day 1 was a waiting game for the wind to fill in, and finally they managed to get through 2 round robins before heading back in. Day 2 was another calm start to the day but they headed out a bit earlier. Once again Rangitoto College won the competition.

It takes a lot of people to make regattas happen and a huge thank you to Sarah Ihaka and Mike Smith for helping our students get out there and compete.



**Michelle Skovlund, Crystal Johnstone, Ella Beaver,**

**Paige Ihaka, Liza Karmann, Monica Neville and Ellie Petty** then when on to compete in the Team Sailing Nationals at Algies Bay, Warkworth in the holidays. There was an amazing range of skills out on the course this year in the Bronze Fleet and a few of the teams were rebuilding with new members coming on board. The WGHS team were especially challenged when one of their experienced skippers, Monica, needed stitches in her leg after capsizing on the finish line. She got back out there and flew around the course again. Congratulations to the WGHS team sailors who placed 3rd in the Bronze Fleet.



### CLAY TARGET SHOOTING

Molly Dixon, Eva Hamlin and Shakira Absolum competed in the first NSSA Clay Target Shooting competition at the Bay of Islands. Molly placed 1st and Eva 3rd in the single barrel division. The 2nd event was held in Kaitaia and Eva Hamlin placed 3rd. There are 3 more shooting events to go for the season so we are looking forward to hearing of some more fantastic results.



### BEACH VOLLEYBALL

Terina Hauraki and Grace Nikora have been selected in the NZ U19 Beach Volleyball team and Tarquala Whittaker-Stone has been selected in the NZ U17 team to travel to California in July. Tarquala has also been selected into the NZ Youth Indoor Volleyball team to travel to Australia in October. Congratulations girls.

### WATER SKIING

**Courtney Williams and Maddie Wainwright** attended the Australian versus NZ waterskiing competition in New South Wales. The tournament has been held every year for 25 years, alternating between both countries. Five skiers from the Whangarei waterski club were picked to be in the NZ team this year. Courtney skied for the U17 team, Maddie the U14 team. They competed against the Australian teams at Myuna Bay, near Newcastle. Maddie had a personal best score of 3 buoys on the 16m line at 52km/hr in slalom and tricked well. Maddie's U14 team beat the Australians achieving gold in their division. Courtney achieved gold in jump with a distance of 33.4 metres, silver in tricks and gold overall.

**Courtney and Maddie** then went on to attend the National Water Ski Championships held at Orakei Basin in Auckland. Their achievements and results in this competition have been amazing with **Courtney's** results are as follows: Gold in open women's trick; Silver in open women's overall; Gold in girl's jump, trick and overall and Silver in girl's slalom. These achievements in the open division are a huge accomplishment at age 16.

**Maddie's** results are as follows: Gold in Junior girl's trick; Bronze in Junior girl's slalom. Maddie also made the Open Women's trick final for the first time and placed 4th, which is a great achievement at age 14. The Northland team won the team shield. A very successful competition for Northland competitors. Well done.



### SWIMMING

Madeline Whittam and Nellie Clark attended the NZ National Age Group Championships in Wellington over the holidays. Madeline made the finals in both the 100m and 200m breaststroke, placing 5th in NZ in the 15 year age group. Her times in all the breaststroke events are qualifying times for NZ Open Championships held in Auckland in July. Well done Madeline and good luck in July. Also well done to Nellie placing 4th in the 100m breaststroke.

### CYCLING

Jorja Swain competed in the gruelling Tour of Northland Cycle race. The tour consisted of 4 days totalling 360km. Day 1 was 104km from Whangarei to Russell, day 2 was 90km from Paihia to Opononi, day 3 was 85km from Opononi to Dargaville and day 4 was 80km from Dargaville back to Whangarei. Jorja finished the tour first place in the U19 category, 2nd female overall and BDO (Sponsors) Northland team placed 1st overall. Jorja placed 31st overall out of all competitors with a total time of 9.33.08. Great achievement Jorja.

### SURFING

NSSA Surfing Scholastic event #2 was held at Sandy Bay this time. WGHS had a great day out in the waves with Grace Pevats placing 1st in U18 Girls, Saorise O'Brien 2nd, Jordyn Tana 3rd and Laurel Seutter 4th in the U14 Girls.

## NZSS ROWING - MAADI CUP

**Yvette Hendrikse, Isobel Hume, Maya Harold, Aimee Cody and Rachel Beasley** competed in the Maadi Cup together with 129 other Secondary Schools. The girls had an amazing time, gained lots of experience and did very well competing against 2152 competitors. Yvette Hendrikse placed 6th in the A final for U17 Girls single sculls - 6th best in NZ from 72 competitors. Isobel Hume 6th in the C final for the U17 Girls single sculls - 22nd best in NZ from 72 competitors.



Yvette and Isobel 4th in the B final U17 Girls double - 12th best in NZ and Maya Harold and Aimee Cody 4th in the B final U18 Girls Novice double - 12th best in NZ.



## WAKA AMA

A group of WGHS students competed at the NZSS Waka Ama Championships in Rotorua on tournament week. They fought hard as the photos show below and came away from the competition with valuable experience and great results. J16 Team Manaia placed 2nd in the 250m final and 4th in the 500m final. The J16 crew was **Aria Heta, Samaria Kaipo, Jolee Campbell-Kamariera, Pae Marie Kaipo, Chozen Hadfield-Kingi and Kiara Henry**.

J19 Team Raepai made the semi final in 250m and 500m. The crew was **Trevena Heta, Paige Fisher, Te Ariaa Garisau, Jorja Gottz, Jaydah Rameka and Alex Rapana**.

**Aria Heta** made the semi final in the singles, **Kiara**



**Henry and Paige Fisher** made the final, **Pae Marie Kaipo** made the plate semi final.



W12 500m - WGHS teamed up with Rotorua Boys and won the Bronze Ribbon in the plate final.

## ORIENTEERING

Four YR9 WGHS students travelled to Kerikeri to compete in their first ever orienteering competition and took out all the top places. Ayla Da Silva - 1st, Alexis Gorrie-Brown - 2nd (by 1 second), Abby Jaques - 3rd and Neve Andersen - 4th. Great results for a first time entry girls.

## NZ ADVENTURE RACING

Mia Gordon, Adyn Dudley, Jemma Petty and Alysha Donovan attended the AR Champs in Cromwell, Christchurch and placed 2nd overall. Great results, particularly for the girls who were only 2 minutes behind the winning team after a full day of racing. WBHS team placed 5th.



## HILLARY CHALLENGE

**Mia Gordon, Alysha Donovan, Adyn Dudley and Jemma Petty** travelled to Tongariro National Park with their teams mates, Lochie Espiner, Lucas Thompson, Johnny Wilson and Blake Williamson to compete in the NZSS Hillary Challenge event. The team was very strong throughout the event and had a great lead in the beginning despite the freezing conditions. On the last day, New Plymouth overtook us on the bike leg and had the lead going into the final run. New Plymouth placed 1st beating our team by only 30 points. This is the closest finish in the race history of 19 years. We also won 7 out of the 12 events, which is also a great achievement. Our Whangarei team did amazingly well, congratulations.

## FUTSAL

Our Futsal team, Meg Clements, Chanel Hodgins, Emma Hutchinson, Sarah Powell, Te Waiariki Read, Jayde Reynolds, Emelia Ruddell, Hannah Thomas, Jazmine Thorley and Emma Wainwright travelled to Wellington to play against some talented teams throughout NZ. We had a loss of 2-0 to Wellington, which is a very strong team with NZ football players in their team. WGHS put up a strong performance throughout the competition. The coach and team are so pleased as we have a young team with 4 Year 10 players. A huge thank you to the coach, Christian Reynolds, Manager, Di Powell, and Sandi Reynolds.

Thanks

To everyone who has supported our teams and athletes. It is much appreciated.

## COMBINED TRAINING

Three WGHS teams entered the NSSA Combined Training event at Kaikohe last term. This consisted of two equestrian disciplines - dressage and show jumping. In this event, teams and individuals were scored and placed for the dressage phase on its own and then for the dressage and show jumping combined total scores for the finals placings. Our three teams all performed very well and it was especially pleasing to see our young riders getting to compete. In the dressage phase, WGHS Blue placed 4th in the teams' section and Tylee Maskovich

gained a 4th position and Ella Johns a 2nd in the individuals. When the



show jumping scores were added in, WGHS Gold Team place 4th overall and Ella Johns won her class for the second year in a row.

**GOLD** - Shanelle Rae, Ella Johns, Jose Schwarz & Macee Latimer

**BLUE** - Tylee Maskovich, Jessi Joll, Chloe Leggott & Cheyanne Ludeman

**SILVER** - Bella Harvey, Tori Lauri, Morgan Good & Caitlin Smith

## NZSS VOLLEYBALL

**Jazmin Cassidy-Maeva, Aimee Damerell, Terina Hauraki, Maya Juarez, Stella Lasey, Grace Nikora, Taeya Repia, Tammy Smith, Hazel Stolz, Tarquala Whittaker-Stone and Olivia Workman** travelled to Palmerston North to compete in a tough competition against many other talented NZ Secondary School teams. They started off losing their first two games but that did not dampen their spirits as they came back fighting. They played Motueka in the final and beat them after 5 sets, which took almost 2 hours. They placed 3rd overall in division 4. Such a great result and full credit to their coaches and helpers, Grant Harrison, Georgie Whittaker and Janine Nikora.



## NISS TRACK & FIELD

Bella Earl had a great time at this event and placed 1st in the 1500m. What a fantastic finish, Bella. Well done.